Turimiquire Foundation Annual Report 2023

Our U.S.-based non-profit 501(c)3 Foundation has served the low-income populations of northeastern Venezuela since 1997. Based on more than 40 years of personally living and working in these impoverished regions, we present our **Recipe for a Thriving Community** as a tested blueprint for action in *four steps* that both guides our own work and offers a replicable model for developing rural communities the world over:

(1) FAMILY PLANNING: Empowering women and families with the means to control their own fertility.

- ⇒ In 2023, we offered our services to more than 5600 additional reproductive-age women and men and their families, delivering 39,278 Couple Years of Protection (CYPs), the internationally accepted metric by which USAID measures family planning achievement.
- \Rightarrow Calculating an average family of five+, an *additional* **22,400** *family members* directly benefited in 2023.
- ⇒ Cumulatively, from May 1997 through December 2023, we have served more than **76,200** low-income women with contraceptive methods for a grand total of **278,533 Couple Years of Protection**.
- ⇒ Starting in 2003, we have offered a total of 4600+ Workshops in Sexual and Reproductive Health to 98,600+ participants, primarily students and teenagers. Venezuela's teenage pregnancy rate is one of the highest in Latin America and the world.
- ⇒ We are reaching more and younger women with reversible family planning. In the past, women survived significant infant and maternal mortality and morbidity, as well as economic adversity related to supporting large families. The average woman we now serve with reversible contraception is in her mid 20s with two children, taking control of her reproductive health and fertility much earlier in life. These women become outspoken examples for their extended families and neighbors, showing the *improved quality of life accessible through proactively determining the size of their families.*
- ⇒ As the only civil organization consistently offering these services in northeastern Venezuela, the Foundation has become ground zero for family planning and reproductive health services. In Venezuela's current economic crisis, contraceptives are frequently not available, or very expensive. Our popular and accesible resources are often stretched to an extreme. Marginalized low-income families and adolescents need family planning more than ever!

(2) HUMANITARIAN AID: The current Venezuelan crisis has generated great human need.

- ⇒ In 2023, we performed 2461 surgical procedures for low-income individuals who could not count on Venezuela's public health system. Cumulatively, since we initiated this program, through December 2023, we have realized a total of 16,558 surgeries, and now counting in 2024!
- ⇒ We have also cumulatively offered 21,840 medical consultations in various specialties, plus 4419 Medical Follow-ups, including laparoscopic diagnoses, biopsies, CT-scans, X-rays, sonograms and lab exams for patients in need.
- \Rightarrow We provide emergency assistance to dozens of rural families, helping to alleviate a myriad of problems, including food insecurity for children, in this time of acute crisis in Venezuela.

(3) EDUCATION: Once families gain control of their fertility, they concentrate on giving their children the best possible future through schooling.

- ⇒ Our Scholarship Program for the Vía Cumanacoa community helps 50+ rural high school students to continue their studies each year. More than 500 students from semi-literate families have now attended high school and more than 100 have graduated— the first in their families to do so. Previously, most students in this community abandoned their education at or before the sixth grade.
- \Rightarrow Selected high school graduates continue their studies at the *college level* with ongoing Foundation support, a real precedent.
- \Rightarrow Our *Rio Brito Education Program* offers staffed library and computer facilities upriver, two hours walking distance from the nearest road, to support students at the remote rural high school.
- ⇒ Both rural and low-income urban *barrio* students study at our *Computer Center* in the city of Cumaná, which offers free Internet, tutoring, snacks and study and social areas during schooldays.

(4) **COMMUNITY**: *Investing in people first!*

Over the years, we have developed and maintained community infrastructure in the remote roadless valley where we have a farm, focusing on agriculture. We cultivate and disseminate unusual tropical fruits like Durian, Mangosteen, Jackfruit, Rollinia and Canistel. We also help to resolve any number of social and practical problems that permit this rural community to flourish.

Small Foundation, BIG Results We simply do more with less:

- $\Rightarrow\,$ Please visit our website to learn about all of our different activities.
- ⇒ In 2023, about 96 *cents* of every Turimiquire dollar went directly into the field. Over the past 20+ years, an average of almost **94%** of our budget has gone directly into the field.
- ⇒ Donations, in-country social marketing, and sliding scale fees, all help to cover our operating costs and administrative expenses.
- ⇒ Our services are offered at highly subsidized prices. Most everyone can help with *something*, but there are also those who need and receive extra help from us.
- ⇒ We invest *minimally in public outreach*. Women and their families, as well as public and private health facilities, all regularly refer clients to us.
- ⇒ Fundación ServYr, our non-profit organization in Venezuela, received in local currency and in USD\$ the equivalent of \$82,233 in patient copays and in-country donations in 2023. These funds first helped to cover local administration and infrastructure, and were then dedicated to our field programs, focusing on rural education, development and agriculture.
- \Rightarrow Our actual budget for rural education was about \$25,000 with this in-country support.
- \Rightarrow Our actual budget for rural development and agriculture was close to \$15,000 with this incountry support.

We work with public and private health and education services that are unable to meet the critical needs of the still growing populations whom we serve. The humanitarian crisis in Venezuela only aggravates this situation.

There are no short cuts, but a little bit can go a long ways. We truly appreciate your help and hope that you can continue to support this urgent work!

The Turimiquire Foundation is a 501(c)(3) non-profit organization. Donations are fully tax deductible. www.turimiquire.org/donate-now/

Our Finances in 2023

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	Calendar Year Expenses		%	Calendar Year Income	
	Non-program overhead:		3.8%	Donations \$5000 and more	\$ 151,726
	Adminis- tration and Infrastruc- ture	\$20,658	3.2%	Foundation Support	\$390,000
	Fund Raising	\$4,172	0.6%	Donations \$1000 up to \$5000	\$43,938
	Family Planning Services and Reprod Health Education \$ 515,255 78.6 Humanitarian Assistance: Surgical, Medical, Nutritional and Family Emergencies \$89,315 13.6 Rural Education Center and Student Scholarships \$ 18,064 2.8 Rural Development and Agriculture		96.2%	Individual donations up to \$1000	\$36,700
				Interest Income	\$66
			78.6%	Total	\$622,429
			ritional	We spend very little on infrastructure. Instead, we work with the public and private health sector, adding only what is	
			13.6%		
			2.8%	We would like to ex- press our special thanks to the Erik and Edith Bergstrom Foundation and to the Population Connection for their generous support of our work.	
			nt		
			1.2%		
	TOTAL				
	\$655,423		100%		

We entered 2024 with almost \$33,000 in expenses payable. Some years our income does not cover all of our program expenses. In other years we build surpluses to cover our work going forward! Our resources always go towards expanding our programs on all fronts, focusing on reproductive health and humanitarian aid in a country immersed in an ongoing socio-economic crisis.

Turimiquire Foundation

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