



The Turimiquire Foundation

www.turimiquire.org
www.facebook.com/Turimiquire
www.instagram.com/turimiquirefoundation
turimiquirefoundation@gmail.com

FEBRUARY 5, 2026
CUMANÁ, VENEZUELA

The following tables summarize the Turimiquire Foundation's activities in family planning, reproductive health, humanitarian medical assistance, and rural education, at selected public and private facilities in the city of Cumaná, and in nearby rural counties in the state of Sucre, from **May 1997** through **December 2025**. In this period, we have delivered a total of **342,423 Couple Years of Protection (CYPs)** - the internationally-accepted metric for measuring family planning achievement - in the low-income rural and urban *barrio* populations that we serve.

Family Planning Services: Our Story in Numbers

Year	Additional (new) Women served each year	Total Client Visits	Monthly Hormonal Birth Control Distributed	IUDs Placed	Average Age of Client	Average Number of Children
1997-2007	17289	59159	49717	4832	24.0	2.2
2008-2018	28584	151439	117090	3725	23.6	1.5
2019	4870	14609	5726	993	23.9	1.6
2020	4494	8541	7877	462	24.8	1.6
2021	8778	14919	14431	1183	24.9	1.7
2022	6508	15110	13925	586	25.7	1.7
2023	5679	12106	9014	1129	25.4	1.8
2024	5484	9198	6894	1529	25.9	1.6
2025	3275	6572	4794	1939	24.7	1.5
TOTALS:	84960	291653	229468	16378	24.1	1.8

- The Foundation works in collaboration with Fundación ServYr (our sister Foundation in Venezuela), FundaSalud (the State Ministry of Public Health), and other public and private health organizations and clinics, to provide these services.
- Hormonal Birth Control includes birth control pills, emergency contraception, and the popular monthly injections and implants that are now available in Venezuela. We work with the state government and private health providers in the purchase, public distribution and social marketing of these hormonal methods in rural and urban areas.
- We extend a special Thank You to the **Eric E. and Edith H. Bergstrom Foundation** and **Population Connection** for their support of our programs, enabling us to reach many more women at a time in Venezuela when family planning services are scarce to non-existent.
- Our numbers vary yearly due to budget, inventory, collaboration with (and current deterioration in) the state's public health infrastructure. We maintain reliable contraceptive supplies for the families we already serve, while expanding our services to additional women as we are able to.
- Lower average age and number of children of our clients in recent years reflects an increase in adolescent and young adult participation, often young women with one child or adolescents with no children.
- Since 1997, we have distributed more than **200,000 condoms** through our reproductive health education and family planning programs, primarily to adolescents in urban as well as rural areas.
- **The unmet need for these reproductive health services continues to exceed our capacity to provide.**

Turimiquire Foundation

Educational Workshops in Responsible Sexuality, Reproductive Health and Family Planning

Cumaná and Four Rural Counties	# of Workshops	# of Participants
2002-2005	913	22392
2006 - 2016	1894	30891
2017	75	916
2018	88	776
2019	100	1532
2020	128	2595
2021	313	9845
2022	442	11706
2023	628	17866
2024	712	27991
2025	778	38,316
Total	6071	164,826

We supply basic information about healthy sexuality, reproductive health and family planning to low-income rural and urban populations, focusing on teenagers, young adults and students, and the adult personnel of public education, health and community facilities. We also use social media as a popular vehicle for sharing this information, especially during the COVID-19 pandemic.

Tubal Sterilizations and Vasectomies

Year	Patients	Average Age	Average # of Children
1997-2007	2459	28.8	4.0
2008-2018	4117	30.2	3.1
2019	1274	29.2	2.8
2020	1251	29.1	3.0
2021	1561	29.2	2.9
2022	2190	30.2	3.0
2023	2283	29.7	2.9
2024	1647	31.0	3.0

Turimiquire Foundation

2025	1333	30.6	2.8
Totals	18115	29.9	3.1

Through December 2025, the Foundation has provided 18,115 surgical sterilizations for mature, low-income women and men who desire this popular and permanent method of family planning. This service is provided to everyone on a strongly subsidized sliding-scale basis, with low-income rural women especially assisted. In 2005, we became the first (and only) provider of modern laparoscopic surgical sterilizations for low-income families in our State.

Vasectomies have been increasingly accepted, and from 2022 to 2025, we have realized 168 male sterilizations, which are included in these overall totals. We are successfully promoting and encouraging this male contraceptive option as well.

Humanitarian Medical Relief

With the severe economic crisis in Venezuela, we have extended the range of our surgery program to include hernia repairs, breast conditions, and a number of other primarily outpatient procedures for low-income rural patients who cannot count on the public health sector to solve their medical issues.

Our committed medical teams and partnerships in the private sector have encouraged us to expand our health care services beyond our primary focus on reproductive health (gynecology and family planning) to include oncology, ophthalmology, cardiology, ENT, urology, pediatrics and internal medicine as well as facilitating lab work, imaging, biopsies, glasses, and certain diagnostic procedures for low-income clients.

Medical Service	2025	Cumulative since 2015
Additional Surgeries	124	1695
Medical Consultations	1527	25,754
Lab work, imaging, biopsies, glasses	2126	8400

Rural Primary and High School Education

Once families control their fertility, they concentrate on giving their children the best possible future through schooling.

Since 2003, responding to this sequential dynamic, we have offered a yearly average of 50 scholarships for low-income rural high school students in one rural river valley. Before we instituted this program, most of these rural students abandoned their formal education at or before the sixth grade. Now, some 500+ students have attended high school, 100+ students have graduated, and some 30 of these graduates are or have been in college with our support. Several of our students have now graduated from college as nurses, teachers, and in other professions, and a few of these graduates continue to work with us as professionals in their communities.

Since 2005, the Foundation has maintained a *rural education center* with a small library and computers, originally located in Barrancas along the Cumaná-Cumanacoa highway. In 2015, we moved this center to a remote site up the Rio Brito valley, several walking hours from the road, in order to be closer to the recently established rural high school.

We have also maintained several outlets for subsidized school supplies for pre-school, primary and high school students from our rural area, and have served the communities of Brito,

Turimiquire Foundation

Barrancas, Tigre, Agua Santa, San Fernando, Tataracual, Guaripa, and Cumanacoita along the Via Cumanacoa. Mothers and their student daughters run these outlets out of their homes.

Educational programs have become harder to sustain in the last few years, given the serious deterioration and politicization of the public schools, the lack of security, food and even clothing for the students, and the recent onset of COVID-19 in 2020. School attrition rates are notoriously high throughout the country at all levels, but we have managed to sustain some of our activities at a reduced level. We focus especially on those students with the motivation to overcome the general malaise and have more chance of proceeding with their education in the long run.

College Education

We now support an average of 10 of our most motivated high school students continuing their studies at local community colleges and the state university under the difficult current circumstances. College attendance has dropped significantly, and attrition can be especially high for students coming from rural semi-literate communities. We offer personal tutoring for this difficult transition. College graduation has also been delayed as *higher education schedules have been severely disrupted by the current socio-economic crisis and by the COVID-19 pandemic starting in 2020*. We focus on rural student participation, but we also support students from urban low-income, *barrio* communities who are first and second-generation immigrants from the countryside. One of our proudest achievements is to help students progress from illiterate or semi-literate families to a college education in one generation, a process that often takes two or three generations or more..

***“When we dream alone, it is only a dream.
When we dream with others, it is the beginning of reality.”***

Dom Camera Helder